Happy Christmas

FRIENDSHIP SOUP
Makes 12 servings

IN A LARGE STOCK POT, combine 6 cups of water & 6 cups of low sodium vegetable stock; bring to boil over high heat. Remove pasta from the jar & set aside. Add remaining contents of jar and return to a boil. Reduce heat to low; cover & simmer for 25 minutes or until rice, lentils and split peas are tender. Add pasta, pepper and 1/2 pound of cooked ground beef or turkey. Bring to boil over high heat. Stir occasionally. Reduce heat to low, cover and simmer for 10-12 minutes until pasta is tender. Add more water if needed. Enjoy!

Merry Christmas

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Merry & Bright

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Happy Holidays

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